

CTC ERYRI THURSDAY CYCLING GROUP
Programme Jan/Feb/March/April 2015

Jan 15th Meet Criccieth West End car park 10.30am
Through the lanes to Porthmadog for lunch
Leader Doreen mob: 07814 080012

Jan 29th Meet Chwilog (on B4354 west of Criccieth) 10.30am
Local lanes for lunch at Pwllheli Leader Kath mob: 07974 288056

Feb 12th Meet Bryncir Old Station 10.30am
Through the lanes to Black Cat café Glynllifon for lunch, return via Lon Efion track
Leader Doreen mob: 07814 080012

Feb 26th Meet Canolfan Hamden Penygroes 10.30am
Lanes to Caernarfon for lunch return via Foryd (beach road)
Leader Sue mob: 07842521509

March 12th Meet Tyddyn Sachau garden centre Y Ffor (on A499 north of Pwllheli) 10.30am
Via lanes to Abersoch garden centre for lunch (one or two climbs!) Return via Penrhos
Leader Doreen mob: 07814 080012

March 26th Meet Canolfan Hamden Penygroes 10.30am
Lanes to Bryncir garden centre for lunch. Return via road below Bwlch Mawr, some climbs
but lovely views! Leader Sue mob: 07842521509

April 9th Meet Inigo Jones car park Groeslon 10.30 am
Via Drws y Coed to Ty Mawr cafe Rhyd Ddu for lunch return on Lon las Gwfrai
Leader Doreen mob: 07814 080012

April 23rd Meet park & ride Anglesey side of Britannia bridge (take 2nd exit) 10.30am
Quiet Anglesey lanes to Oriel Mon Llangefni for lunch
Leader Gwen mob: 07721864661

If weather 'iffy' please ring leader before 9am for advice! **NO** rides on snow or ice!!

The rides are always 20-25 miles with café stop halfway
Walking up hills allowed & no one left behind
Make sure your bike is roadworthy & that you have a spare inner tube & tools to fit your
bike also waterproofs & cash for refreshments

REMEMBER you are responsible for your own safety & safety of others in the group

PLEASE RIDE CAREFULLY

More info from Doreen 01766 522262 or doreenlindsey@btinternet.com

